



# Happy Holidays

As the year wound up and the New Year starting approaching quickly, so many fantastic events were celebrated over November and December.

We want to take a moment to thank all of our staff and clients for making Ability Network such a wonderful place to not only work but for our clients to thrive.

This edition will showcase all of those exciting things that happened at the end of 2021 and what are some of our goals and ideas for 2022.

We hope that you all had a wonderful festive period with your loved ones and continue to enjoy this special time of year.



Aged care clients celebrating the end of 2021 with coffee and cake.

# Aged Care 2021 Wrap Up!

2021 was a very rewarding year for the aged care clients. We welcomed new service types to the business; more than tripling the business growth in less than three months.

We welcomed 8 new staff members to the team, who have been commended by the clients with their skills and kindness.

The year was wrapped up with a lot of grateful thanks from clients for supports received, client Christmas gift and Christmas party.

A thank you in return to clients for their constant feedback that allows us to manage continuous quality improvement to the service.

Thank you to the clients for their loyalty to provide you a service. We look forward to assisting you achieve outcomes to your goals during 2022.



A big shout out to all Ability Network
Disability Services staff who have done
an amazing job this year. Who didn't
want one of the great reindeer the wood
working group made, loved watching
Anne's tiled coffee table take shape,
would love to know who Peppa Pig
and the Minion was, thanks Santa for
visiting as well. You are all amazing!



We wrapped up the year with a very exciting event, our very first Disability Expo!

The day was a huge success with the Ability Network Client stalls a major highlight selling out of their Christmas Decorations.

Children jumped like kangaroos and grooved to the beat of our drum work shops.

All of our stall holders and exhibitors were delivering invaluable information to our community.

Such a successful event couldn't have been achieved with out such a hard working committee and the effort the clients put in to creating such a wonderful event.



### **Key Contact Numbers**

Martin Biffin - Short Term Accommodation, Group Programs ● 0439 667 270 • mbiffin@abilitynetwork.com.au

Sarah Hall - Individual Supports • 0456 798 487 • shall@abilitynetwork.com.au

Lisa Robertson - Support Coordination • 0448 727 634 • Irobertson@abilitynetwork.com.au

Narelle Russell - Support Coordination • 0448 729 580 • nrussell@abilitynetwork.com.au

Kim Parris - Early Intervention and Therapy • 0456 822 352 • kparris@abilitynetwork.com.au

Sarah Hazell - Aged Care • 0439 246 380 • shazell@abilitynetwork.com.au

## RECIPE OF THE MONTH

This week the recipe was sent through by Michael.

If you have a great recipe to share send them through to slord@abilitynetwork.com.au

### VIOLET CRUMBLE SLICE

This delish Violet Crumble Slice Recipe is the perfect holiday activity (and makes a great companion for pool-side sippin' or serving up while you watch the Aus Open).

Get your teeth sunk into this slice of heaven.

You will need:

3 Violet Crumbles bars, chopped into rough pieces

200g plain sweet biscuits, crushed

100g unsalted butter

1/2 cup sweetened condensed milk

200g milk chocolate chopped

2 tsp vegetable oil

#### **Method:**

Place butter and condensed milk into a small saucepan and melt over low heat.

Add biscuits and Violet Crumble in a bowl and mix well. Press firmly into a greased slice pan and refrigerate until set.

Melt chocolate and oil in a small bowl over boiling water. Pour over the base and refrigerate until firm.

Slice as desired and enjoy.





THIS MONTHS STAR OF THE MONTH IS

### Expo Volunteers

Shout out to all of our amazing clients who created all the wonderful items to sell, baked delicious goodies, manned stalls and served cold drinks for lunch.

A big congratulations for everyone involved.





Our school holiday programs are in full swing with

Get Moving - 11/1, Construction Day 12/1

Sensory Play 18/1 Eugowra Bush ranger Excursion 19/1

Group Programs Begin mid January



#### **Delicious Chicken Nuggets**

It's no secret that children are picky eaters but cooking helps them to be more adventurous when it comes to food! A curious child will always be eager to try a new dish if they've seen how it's done and helped make it.



### **Happy Birthday!**

November - Cody 5th, Kim 11th, Jimmy 12th, Tammy A 16th, Hannah 22nd, Dan W 25th

December - Nick D 1st, Sarah S 10th,
Trish 9th

January - Max 5th, Lachlan 7th Caitlyn 14th, Tiana 21st, Nick H 25th